



Child Wellbeing and Protection in Sport



Child Wellbeing
& Protection in Sport

sportscotland
the national agency for sport

Duty of Care



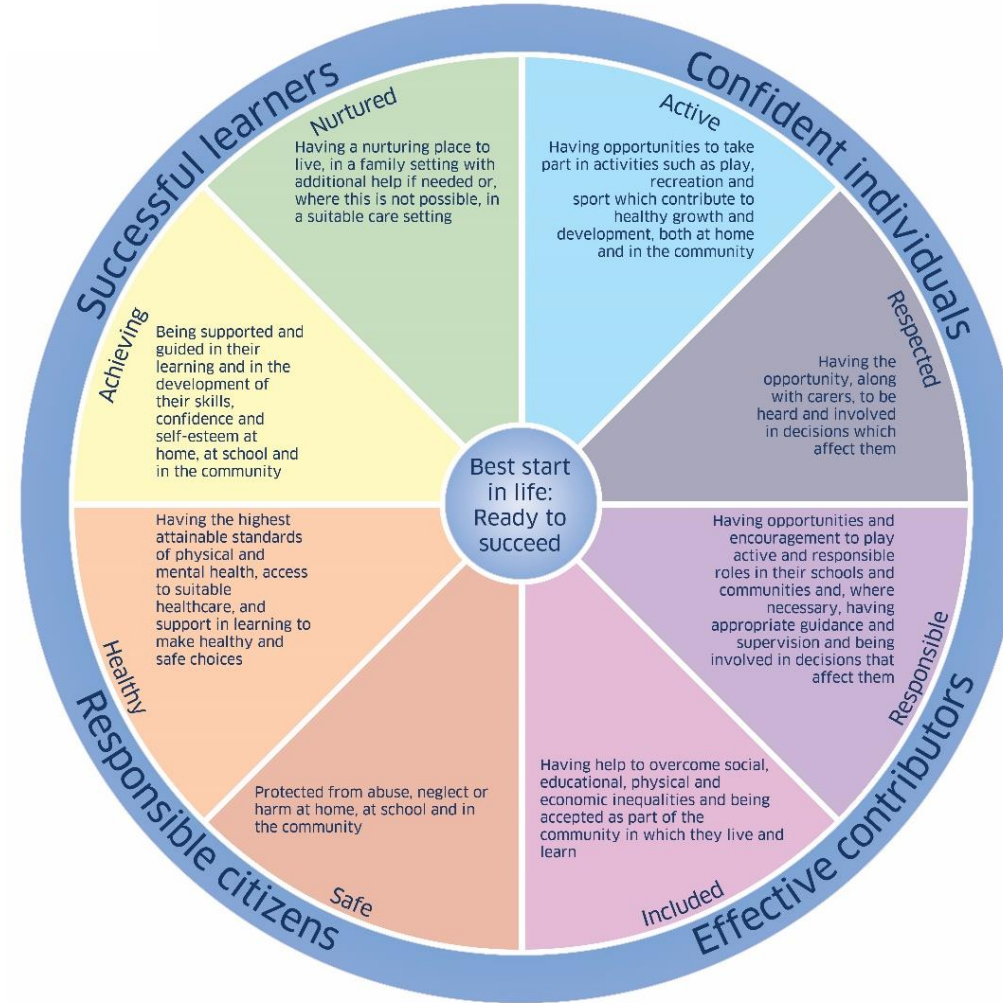
- Both a legal & moral responsibility
- Any person (16 years or over) who has care and control of a child...has a responsibility to do what is reasonable in all the circumstances to safeguard the child's health, development and welfare.

Children (Scotland) Act 1995, Section 5

This is the legal basis for asking sports organisations to implement child protection policies and procedures.

Wellbeing Indicators

- Safe
- Healthy
- Achieving
- Nurtured
- Active
- Respected
- Responsible
- Included



THE SPECTRUM OF PRACTICE



TASK: Simple Scenarios



TASK: in groups please discuss

- You will have a scenario that regularly happens in sport
- Read over it and answer the 4 questions
- Make notes on your group discussion and identify 1 person to feedback, you will have 5 mins

SCENARIO 1

A parent complains to you that their daughter Isla's (9 years) kit has been damaged because there were girls having a shampoo fight and throwing water around in the changing rooms. The parent says they know their daughter was involved but doesn't want it to happen again and asks what you are going to do about it.

- What is the risk here?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



SCENARIO 2

During a training session Elissa (13) takes a knock to the head. She seems dazed in the moments afterwards and says she feels a bit dizzy. You tell Elissa to sit out the rest of the session. As she sits down her parents approach you. They both think Elissa should continue with the training session as she has a big competition coming up and are quite insistent that they know what's best for their daughter.

- What kind of coaching practice is this?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



SCENARIO 3

On Thursday evenings coach Gill (45) and you are the only coaches delivering the session. You notice Gill is constantly fiddling with her smart-watch. She seems to miss a lot of what is happening during the session as she is always distracted by it. This leaves you leading the session with little support.

- What kind of coaching practice is this?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



SCENARIO 4

An evening training session ends, and Jackson (11) has not been collected. He says he is happy to walk home alone and is sure his mum won't mind, but you are aware that normally his mum collects him by car. Another parent also sees that Jackson hasn't been picked up and offers to drive him home.

What is the risk here?

Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?

How would you deal with the situation?

What should be in place to stop this kind of situation occurring in the future?



SCENARIO 5

Matheo (9) trains with your club. Matheo is falling behind his peers. One of the club coaches has started taking him out of the group session to do some private one-to-one coaching, to bring him up to speed. These sessions are away from the main group and other coaches.



- What kind of coaching practice is this?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



SCENARIO 6

A coach has posted photos and short video clips from a coaching session and shared it on their personal Instagram account with the #winners #proudcoach. A parent has complained.

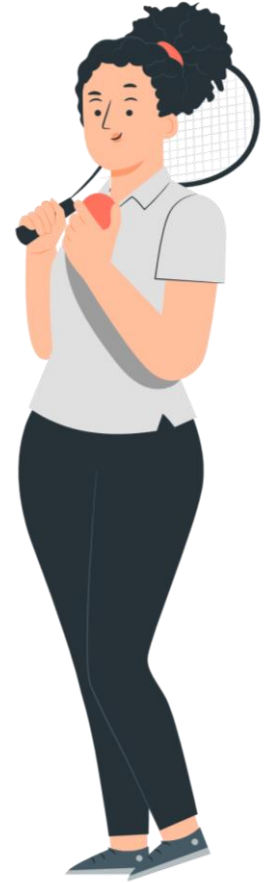
- What kind of coaching practice is this?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



SCENARIO 7

Emma (15) is a young volunteer at your club gaining experience before she does her coaching qualification. On her second session she has been asked to coach the U10s with head coach Mohammed. The session is due to start, everyone is there, when Emma gets a call from Mohammed telling her that he is stuck in traffic. He tells her to begin the session without him and he will be there as soon as he can.

- What kind of coaching practice is this?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



SCENARIO 8

You volunteer to help with the one of the squads at your club. As part of your introduction, the lead coach updates you about the training programme and squad members. One of the members is Archie (14), an athlete with a disability. The lead coach says:

“Archie is a good kid, really keen. It's nice to have him here. But he can't do what the others can, you know how it is. So when the session gets going and he can't keep up, we tell him to sit out, or give him a wee job like stacking the cones or filling the water bottles. He is quiet but won't complain. What else can we do? Gotta keep him involved but can't disrupt training for the rest of them – they have the end of season champs to prepare for”.

- What kind of coaching practice is this?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



SCENARIO 9

During a training session you become aware of a group of parents who are critiquing each child's performance, including children not their own. They are doing so very vocally and are shouting their 'feedback' to the children as they pass. A few children look upset by the adults' comments, but most appear unaffected by them.

- What is the concern here – Child Wellbeing or Child Protection?
- Which of the SHANARRI indicators (SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPONSIBLE, RESPECTED, INCLUDED) may be affected?
- How would you deal with the situation?
- What should be in place to stop this kind of situation occurring in the future?



Influence of Culture on Practice

FACTORS

Bystanders

Enablers

Mis-use of
status/power

Lack of
Communication

Poor
Relationships

Seen as only the
CWPO's job

Equality Issues

Culture of
poor practice

Creates an environment where
abusive practice can thrive

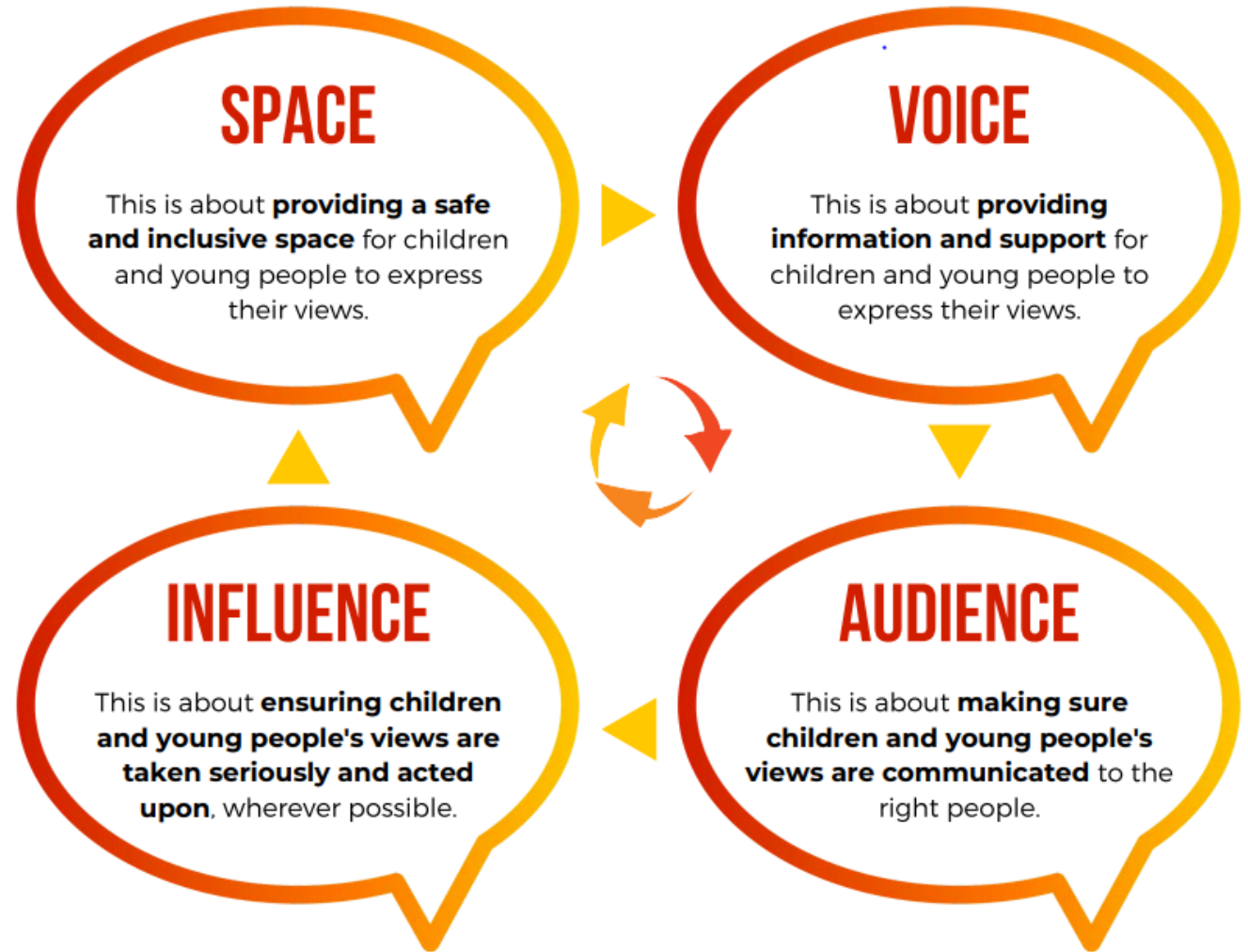
High risk of a serious incident
occurring

TASK CARD

In your group discuss how you can give children voice in your coaching session and club

Use the details on the left to come up with 2 or 3 practical ideas

1 person feedback



Feedback

You can find out more about children's rights here:



SCAN ME

AND



SCAN ME



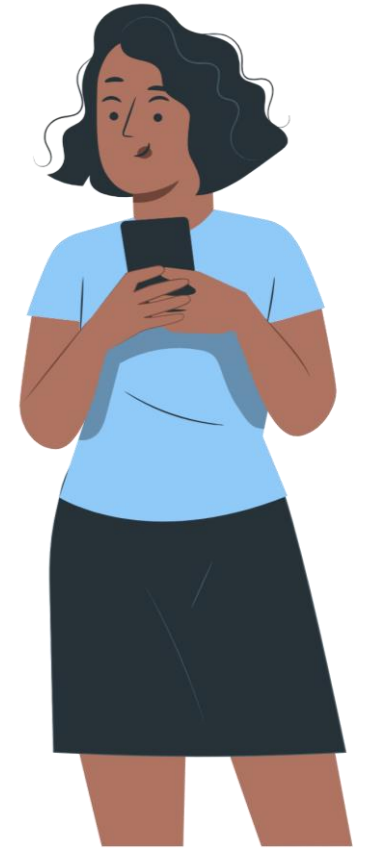
Case Study 1

Chloe (16) has been coming to your club since primary school. She is usually chatty, gets on well with others, she is committed and attends training and competitions regularly. Chloe's best friend is Sienna who also comes to the club too. Around a year ago, you noticed Chloe had started dating Dale (16). He sometimes comes with her to training or is waiting for her after. He is Sienna's older brother.

Chloe has been attending training less in the last few months, her performance and fitness have declined. She is withdrawn, has stopped mixing with the other players and coaches, and seems to be avoiding Sienna. She looks like she has lost weight and appears anxious.

You approach Chloe and let her know what you have noticed. She seems to be at training less and less and you ask her if everything is ok?

Chloe looks down at the ground and doesn't make eye contact. She appears nervous and you notice she is constantly checking her phone, as she talks to you.



Case 2 – background information

Andrew (12) is being dropped home by **TWO** of his coaches

The drop off arrangements is standard procedure in your club and all required permissions and PVGs are in place

Andrew's sister Sarah is 4 years old



Case 3 – background information

Nia (15), a Young Leader, calls the club phone to share her concerns about a club member, Lisa (13)



Case 4 - background

This is a dance and fitness class for U16s

The class instructors are Fiona (23) and Danny (21)

All the young people including Rachel, are 13-15 years old



Your role

Respond

- **Respond** calmly
- Reassure the person they have done the right thing in asking for help
- Don't make promises you can't keep
- Take action to ensure the immediate safety of the child if required

Report

- **Report** to nominated safeguarding officer / statutory agencies
- Follow guidelines and protocols
- Share information appropriately

Record

- **Record** and date information gathered
- Share information and cooperate with statutory agencies as appropriate
- Support the child or young person